

Thank you for participating. UK Biobank is a registered 'not for profit' charity and as such relies on people's goodwill to succeed.

When you attend a UK Biobank assessment centre appointment, you will be provided with an expense claim form. Please keep your travel receipts / tickets and attach them to your claim form, which should be returned to us within three months of attending your assessment. Payment will normally be made within 28 days of receipt of the claim and are paid directly into your bank account.

We are able to reimburse the following travel expenses:

1. Train and other public transport (i.e. bus, tram, Metro or underground) standard class fares only.

It would really help us if you could keep in mind the following when buying your train tickets:

- Please buy **standard fares** only.
- **Booking in advance** usually means that you get the best value tickets. **Where possible, avoid booking open return tickets** as these tend to be the most expensive.
- **Buying split tickets** may reduce the overall price of your fare. Please visit www.splitticketing.com to find out more.

2. Private transport (i.e. by car, motorcycle or bicycle).

- We will reimburse you **25p** per mile for travel by car, **24p** per mile for travel by motorcycle and **20p** per mile if travelling by bicycle.
- There is free parking at the assessment centre. If you park elsewhere, you can also claim car parking costs (but not fines).
- Tolls and tunnel fees may be claimed.

3. Taxis

We are generally unable to reimburse the cost of taxi journeys unless you are registered disabled or have some other special need.

How to claim:

Please complete the form overleaf and send via post using the freepost envelope provided. Alternatively, if your return envelope is lost or damaged, claims can be sent to: UK Biobank, Units 1-2 Spectrum Way, Stockport, SK3 0SA but postage will be required.

Unfortunately, due to our limited resources, we are generally unable to offer help with:

- Expenses for partners and travelling companions (unless you are disabled or have some other special need).
- Taxis and car hire.
- Overnight hotel accommodation.

If you are unclear what expenses you can or can't claim for, or if you have any questions about travel expenses, please contact our

Participant Resource Centre (Monday - Friday, 9am-5pm)
Telephone: 0800 0 276 276 Email: ukbiobank@ukbiobank.ac.uk